

2001 OHIO WELFARE CONFERENCE
111th Annual Forum

WORKSHOPS

Thursday, November 1, 2001 Morning Workshops (8:30 a.m. - 10:00 a.m.)
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**101. ASSISTING THE UNEMPLOYED WITH DIRECTED JOB SEARCH
(PART I)**

Presenter : **Rita Rizzo**, CEO, Rizzo & Associates, Akron, Ohio.

If our OWF customers could conduct a self-directed job search, why would they come to us? This workshop addresses how to help the client focus and direct their job search by assessing individual skills and interests, and directing their search geographically. Learn methods to support a successful job search through regular monitoring meetings designed to help customers find the jobs they are best suited for. (Presented in two sessions: Part 2 at 10:15 a.m., Workshop # 201)

102. BALANCING WORK AND LIFE COMMITMENTS (Part I)

Presenter : **Louis W. Vincent**, Product & Production Manager, Rizzo & Associates.

Many who work at the DJFS can relate when a client exclaims, "I can't meet all the demands of working and caring for a family!" It is difficult for those of us who are in the habit of balancing the daily demands of work and home to juggle our many responsibilities, so think how stressful it must be for clients entering the workforce. This workshop is designed to help DJFS staff better meet the demands of their home and work lives and prepare them to teach these skills to their clients. (Presented in two sessions: Part 2 at 10:15 a.m., Workshop # 202)

103. WIA PROGRAMMATIC AND FISCAL FINDINGS FOR FY2000

Presenters : **Ted Katz**, WIA Monitoring Section Chief, **Ron Gecowets**, ODJFS , Columbus.

This workshop will provide a review of programmatic and fiscal monitoring findings from the first year of WIA operations in Ohio. Staff from WIA Program Monitoring will discuss ways to improve program findings.

104. CONSUMER DIRECTED CARE WITH THE AGING POPULATION

Presenter : **Christine Brand**, Long Term Care Manager, Council on Aging of Southwestern Ohio.

Come learn about the philosophy of Consumer Directed Care and the impact of implementing a CDC program on case management. In this workshop, practical information on how to implement a CDC program for home care and one agency's experience will be discussed.

105. COMMUNICATION, COLLABORATION, COOPERATION – How playing well with others can be fun and help those we serve!

Presenter : **Steven C. Carrel**, Executive Director, Muskingham Behavioral Health.

Case studies of how working together can, and does, benefit those we serve. The 3 C's are the cornerstones of Welfare To Work Initiatives, the Family and Children Services Initiatives, and almost every initiative focused on improving the quality of life of the residents of Muskingum County.

106. EAT, EXERCISE, AND ENJOY!

Presenters : **Timothy Beckner, Marlene Statler, Michael Robinson**, Team Leaders, Cuyahoga Health & Nutrition.

This session features an overview of health, fitness and eating right for any age and lifestyle. The health discussion will focus on combating heart disease, diabetes and high blood pressure through exercise.

107. THE SIGNIFICANCE OF SELF

Presenters : **Reverend Michael Langford**, Executive Director, UMADOP, **Reverend Teresa Langford**, Associate Minister, Lincoln Heights Missionary Baptist Church, both of Cincinnati, Ohio.

How do you balance the demands of caring for yourself, your work, and your relationship? This popular workshop will help you maintain a constant spiritual awareness that will heal and enrich your life.

**108. I'M GLAD YOU ASKED THAT!
(POWER ANSWERS TO COMMON INTERVIEW QUESTIONS)**

Presenter : **Mickey Burns**, President IMPACT 2000, Westlake, Ohio.

Join this entertaining and interactive session and review response options to many of the queries posed by interviewers nationwide. Workshop participants will leave armed to effectively prepare their customers to perform well at interviews and land that job.

109. STREET DRUGS (PART I)

Presenter :**Jane Loisdaugter**, Independent Trainer, Member of Free Crisis Services.

This popular two-part workshop features cutting edge information on the street drugs currently in use today. The interactive session focuses on the “nicknames” of commonly abused substance as well as emerging patterns of abuse. (Presented in two sessions: Part 2 at 10:15 a.m., Workshop # 209.)

110. FIRST IMPRESSIONS – LASTING ONES EMPOWERING YOU

Presenter : **Sallie Gibson**, CEO, S.G. Enterprises, Columbus, Ohio.

Fashion and dressing successfully can be an advantage for women of all sizes who desire to display their best as they ascend the social and/or corporate ladders. Be a success at all you do and let your attitude reflect a positive, assertive and dynamic “diva.” This workshop is designed to describe a framework for successful workplace appearance.

111. MANAGING PERFORMANCE: THE PARTICIPATION RATE

Presenter : **David S. Dombrosky**, Regulatory Compliance Manager, Cuyahoga Work & Training.

Participation rate! Just when you thought you had it figured out ! This workshop will introduce Performance Management principles relating them to the effective management of the work program participation rate. Topics included are; calculating the participation rate, required hours, work program activities, CRIS-E interface, and tips for increasing the rate.

112. HEALING TOUCH IN THE WORKPLACE

Presenter : **Mary Callahan**, RN, HNC, CM, Council on Aging of Southwestern Ohio.

This presentation will give a brief overview of Healing Touch. Everyone will learn some specific Healing Touch First Aid techniques to relieve stress, promote relaxation, release pain and promote a healing environment.

<p style="text-align: center;">Thursday, November 1,2001 Mid-Morning Workshops (10:15 a.m. - 11:45 a.m.)</p>
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202. BALANCING WORK AND LIFE COMMITMENTS (PART II)

Presenter :**Louis W. Vincent**, Product & Production Manager, Rizzo & Associates.

Many who work at the DJFS can relate when a client exclaims, "I can't meet all the demands of working and caring for a family!" It is difficult for those of us who are in the habit of balancing the daily demands of work and home to juggle our many responsibilities, so think how stressful it must be for clients entering the workforce. This workshop is designed to help DJFS staff better meet the demands of their home and work lives and prepare them to teach these skills to their clients.

203. WHAT'S UP WITH ODJFS?

Presenter :**Joel Potts**, Executive Assistant to the Director, ODJFS, Columbus, Ohio.

Come hear the latest developments with the Department of Job and Family Services. It will include an update on the reauthorization of the Personal Responsibility and Work Opportunity Act. You won't want to miss Joel as he shares the vision and current logistics of ODJFS. You are invited to join this exciting discussion of the historic changes that are shaping ODJFS service delivery.

204. GENERATING RESILIENCY IN FOSTER CHILDREN

Presenter: **Barbara Oehlberg**, Family Life Specialist, Solon, Ohio.

This workshop will focus on the importance of providing trauma specific

intervention for foster children. It will also provide training on how to facilitate healing activities that rebuild empathy, hope, and resiliency.

205. YOUTH EMPOWERMENT

Presenter :**David Austin**, Trainer, Cincinnati, Ohio.

This program will enable participants to direct young people towards success in their lives, whatever the situations and challenges that are presented them. The confidence that they have the ability to overcome obstacles and move forward with their lives in a positive mind set is truly a valuable gift that we can offer them. Join this session and learn how.

206. TRANSPORTATION: AN ESSENTIAL INGREDIENT FOR SELF-SUFFICIENCY

Presenters :**Kathy Mehl**, Director of Community Service, TMACOO, Toledo, Ohio, **Michelle Bush**, Consultant, Plymouth, Michigan.

Hear how a Metropolitan Planning Organization created a brokerage system to provide transportation for low-income individuals. Learn how to start a car buy program, creating a more permanent solution to self-sufficiency. Discussions will also include cost/benefit needs analysis developed by the University of Toledo for the brokerage system.

207. THE SIGNIFICANCE OF SELF (REPEAT of #107)

Presenters: **Reverend Michael Langford**, Executive Director, UMADOP, **Reverend Teresa Langford**, Associate Minister, Lincoln Heights Missionary Baptist Church, both of Cincinnati, Ohio.

How do you balance the demands of caring for yourself, your work, and your relationships? Join this always-popular duo as they describe how to maintain a constant spiritual awareness that will heal and enrich your life.

208. HOW TO MOTIVATE AND TRAIN PEOPLE, WHO HAVE NO TIME AND LOTS OF STRESS!

Presenter : **Karen Vadino**, M.S.W., LPCC, OCPC, Motivational Speaker.

Motivation is the desire to work productively. What makes people want to work? What can we do as supervisors to increase our staff's desire to work productively? In this workshop we will examine these questions and also discuss time management and stress reduction.

209. STREET DRUGS (PART II)

Presenter : **Jane Loisdaughter**, Independent Trainer, Member of Free Crisis Services.

This popular two-part workshop features cutting edge information on the street drugs currently in use today. The interactive session focuses on the "nicknames" of commonly abused substance as well as emerging patterns of abuse.

210. WHAT PERS MEANS TO YOU

Presenter: **Robert Miller**, Field Representative, Public Employees Retirement System, Columbus, Ohio.

This slide presentation will cover all facets of PERS benefits: survivor benefits, disability benefits, age or service retirement, and other benefits at retirement. This popular informative presentation is for anyone in a PERS-funded system.

211. ALTERNATIVES: TANF DIVERSION AND PROGRAM STRATEGIES

Presenters :**Lisa Evans**, Program Director, **Paul Mitchell**, Vice President of Government and Industry Relations, both of Ross Innovative Employment Solutions.

What options can be used when traditional job readiness / job search programs are not enough? Here are some successful alternatives to our traditional methods that offer more intensive services and grant diversion

212. MOVING UP OR MOVING OUT

Presenter : **Dr. Daisy Alford-Smith**, Director of Social Services for Summit County.

This workshop will explore developing a career trajectory.

Thursday, November 1, 2001
Afternoon Workshops (2:30 p.m. - 4:00 p.m.)

301. OHIO HEALTH CARE UPDATE

Presenters : **Cynthia Burnell**, Chief, Bureau of Managed Health Care, ODJFS, **Susannah Barnum**, Chief, Bureau of Consumer and Program Support, ODJFS, both of Columbus, Ohio.

An overview of Ohio Health Care plans that are available as a means of supporting our low to moderate income working families in maintaining their self-sufficiency. The workshop will also discuss the status of managed health care as a service delivery vehicle.

302. HOME HEALTH AIDE TRAINING PROJECT

Presenter : **Cynthia Fischer**, R.N. , B.S.N., Manager Home Health Educator, Council on Aging of Southwestern Ohio, Cincinnati, Ohio.

To address the issues of providing quality care in the home, the Council of Aging developed a training program entitled "Council on Aging Learning Advantages." The program is designed to train interested individuals in the skills required to provide competent personal care and homemaking services to the older population. Many of the trainees are welfare-to-work participants.

303. HERE WIA GO AGAIN!

Presenter : **Robert J. Haas**, Social Program Administrator, ODJFS, Columbus, Ohio.

Stop into this workshop and get the inside scoop on the implementation of the Workforce Investment Act in Ohio. This session will include information gathered from policy updates, changes, and state/federal sources.

304. RAISING VIOLENCE FREE CHILDREN

Presenter : Barbara Oehlberg, Family Life Specialist, Solon, Ohio.

Healthy families recognize that conflict is a normal part of living. This workshop will offer learning techniques for families to nurture each other and practice conflict management. The workshop will also explore the process of learned violence and recognize opportunities to break the cycle.

305. The 7 HABITS OF HIGHLY EFFECTIVE PEOPLE: AN OVERVIEW

Presenter : **Mickey Burns**, President IMPACT 2000, Westlake, Ohio.

Maybe you've heard about The 7 Habits of Highly Effective People - the best-selling business book of all time. Join this introduction to the concepts of this powerful book written by Steven R. Covey. The 7 Habits workshop has been described as the most dynamic training for personal and professional effectiveness ever developed. Although this is only a brief overview, you'll experience interactive exercises, case studies, and poignant video segments, as well as learn from the experiences of other participants. The 7 Habits workshop promotes a lifestyle that fosters greater productivity, increased influence in key relationships, stronger team unity, and complete life balance.

306. ALCOHOL AND DRUG ABUSE 101

Presenter : **Steven C. Carrel**, Executive Director, Muskingham Behavioral Health.

Alcohol and drug use negatively impacts a person, their family, and their employability. This presentation will explore what drugs are being abused, what they do and how it affects the family.

307. GOOD HUMAN RELATIONSHIPS: WHY ARE THEY SO HARD TO OBTAIN?

Presenter : Richard K. Johnson, Consultant, Copley, Ohio.

A workshop that will instruct participants how to improve their human relations skills to effectively interact with anyone – regardless of differences in age, race, ethnicity or gender. These are skills that can be shared with our customers to enhance their life skills as well.

308. JOB RETENTION AND ADVANCEMENT

Presenters : **Brenda Newsom**, Section Chief, ODJFS, **Tim O'Hanlon**, Policy Analyst, ODJFS, both of Columbus, Ohio.

Focus of the workshop is on job retention and career advancement for low-income working parents. Discussion will focus on research findings, strategies, and program models. Speakers will highlight innovative strategies that work.

309. REFUGEE SERVICES: WHO, WHAT, WHERE?

Presenter : **Michael Hock**, PhD, Refugee State Coordinator & Director, Workforce Strategies group, ODJFS, Columbus, Ohio.

Get a clearer picture of how we serve refugees, from a state and local perspective. Hear how local partners work together to integrate public, private, and faith-based support in their communities. Learn tips and traps in meeting needs of this special customer group.

310. TRAGEDY ON WHEELS

Presenter : **Shirley Dupler**, LSW, CCDC III-E, OCPS II, Prevention Specialist, Clermont County Recovery Center, Batavia, Ohio.

Come and take a look at the effects of driving under the influence of alcohol and/or other drugs. We will view this issue from the perspective of the driver; the family; and the community. An eclectic approach will be utilized with group participation. You will be challenged and your heart will be touched.

311. ELDER ABUSE: SIGNS & SYMPTOMS, WHEN SHOULD I MAKE A REPORT?

Presenters : **Erika Taylor**, Chairperson, Ohio Coalition for Adult Protective Services, Columbus, Ohio, **The Honorable Thomas Swift**, Trumbull County Probate Judge, Warren, Ohio, **Barbara Vanwormer**, Supervisor, Lucas County Adult Protective Services, Toledo, Ohio, **Bill Weber**, Retired ODHS Program Developer, Senior Advocate, Columbus, Ohio.

This will be a broad-based course in Adult Protective Services. The workshop will cover what the Ohio Adult Protective Services law is, who should make the referrals and when. We will look at the standpoint of APS from the county department of human services and designated agencies. We will also discuss trends in working with Elder Abuse issues at both the state and national levels.

312. MEETING THE NEEDS OF FRONT LINE STAFF

Presenter : **Luis Vazquez**, Clark Fulton NFSC Center Manager, Cuyahoga Work & Training, Cleveland, Ohio.

This workshop is designed for social service workers providing front line services to DJFS customers, as well as non-recipients in other areas of social service delivery. It will provide background information on the need to incorporate leadership qualities within the new service delivery design that encompass specific customer needs.

Friday, November 2, 2001
Morning Workshops (8:30 a.m. - 10:00 a.m.)

401. RECOGNIZING CHILD MALTREATMENT

Presenter : **Ed Duvall, Jr.**, Deputy Director, Ohio Department of Public Safety, Columbus, Ohio.

A former lieutenant with the Akron Police Juvenile Bureau, Ed presents this always popular and sometimes graphic workshop on how to recognize and deal with children at risk. The session will identify indicators of the physical and sexual abuse of youth, many of which are often missed by parents, case workers, and other social service practitioners. Arrive early to ensure you get a seat.

402. HEY SUPER HERO, PASS THE DESSERTS ! (PART I)

Presenter : **Rosalind Maddox**, Consultant / Trainer, Columbus, Ohio.

Participants will learn what a “super hero” is and why they need to pass the desserts. (Desserts is stressed spelled backwards) They will learn about the stress cycles, definition of stress, how nutrition plays a part in controlling stress, as well as some stress relief techniques. (Presented in two sessions: Part 2 at 10:15 a.m., Workshop # 502.)

403. CHANGING THE MENU FOR TOTAL SUCCESS (PART I)

Presenter : **Elizabeth Sabo**, President, Designing Success Inc. Cincinnati, Ohio.

A leader in today's workforce must deal with a diverse group of employees. Identifying the barriers to communication when faced with a difficult employee is the first step to changing behavior. This workshop will, improve your ability to cope with stress, pressure and change, enhance your decision-making skills by remaining positive about your ability to handle any outcome, help you learn to reduce employee conflict and motivate employees. (Presented in two sessions: Part 2 at 10:15 a.m., Workshop # 503.)

404. CHILD SUPPORT – IT'S MORE THAN YOU THINK

Presenter : **W. Richard Prater**, Executive Director, Richland County CSEA, Mansfield, Ohio.

Child support is much more than a collection process. This workshop will examine the latest actions and trends affecting this multi-faceted program. Attendees will be provided current information covering local, state, and federal perspectives as well as practical guidance on day-to-day operations in the field.

405. BEATING THE BUSHES AND SHAKING THE MONEY TREE (PART I)

Presenters : **Becky Edwards**, MA, Director of Homeless Services, Lutheran Social Services, Lancaster, Ohio; and **Mary Kay Incandela**, Director, Sapirstein-Stone-Weiss Foundation, Cleveland, Ohio.

Becoming an effective grant writer (who gets funded) requires the development of a healthy mix of confidence, humility, and organizational skills. Join these seasoned professionals to discover a no-nonsense, methodological approach to wading through and effectively responding to the Request for Proposal (RFP). Although funding opportunities always present their own guidelines, many have common requirements that the serious grant writer should have on hand to simplify the process. This workshop will cover: the ten essentials to stock the toolbox of the effective grant writer, nine critical components of a proposal, identifying funding sources, and many more helpful hints from these grant "gurus." (Presented in two sessions: Part 2 at 10:15 a.m., Workshop # 505.)

406. EMPOWERING PARTNERSHIPS

Presenters : **Jean Andolsen**, Program Director, **Jan Thrope**, Employment Specialist, both of New Life Community, Cleveland, Ohio.

Learn to identify how some well-intentioned helping techniques disempower clients. This workshop will also; help identify ways clients can sabotage their own empowerment, provide clinical exercises that inspire empowerment, and explore how to form empowering partnerships with your clients.

407. LONG TERM CARE: ASSET PROTECTION FOR MARRIED COUPLES (PART I)

Presenter : **Candace Jones**, Senior Training Officer, Cuyahoga Health & Nutrition, Cleveland, Ohio.

The workshop is designed to explain Medicaid policy regarding the treatment of assets and income when one spouse enters a Nursing facility or Waiver services. The contents will include; what resources and income are counted, case scenarios

to illustrate the reallocation process, explanation of the role of the Nursing Facility admission staff in the resource assessment process.

(Presented in two sessions: Part 2 at 10:15 a.m., Workshop # 507)

408. CONTRACTS: BEST PRACTICES

Presenters : *Panel members:* **Ray Burton**, Hamilton County, **Christine Marshall**, Summit County, **Arnell Hurt**, Cuyahoga County, **Jane Whyde**, Franklin County, **Ron Weber**, Lucas County, and **Phil Freeman**, Montgomery County.

Join this panel discussion of the best practices regarding contracts throughout Ohio. Learn what is working well in this ever-changing environment.

409. NON-TRADITIONAL CHILD CARE

Presenter : **Stephanie Shafer**, Supervisor, Bureau of Child Care, ODJFS, Columbus, Ohio.

"9:00 - 5:00" does not apply to every working parent. What are our options? This workshop will examine what Ohio has to offer in the areas of non-traditional and sick childcare.

410. PERSONALLY SPEAKING

Presenter : **Patricia Hill-Cook**, Employment Coordinator, Cincinnati, Ohio.

A personal point of view looking at the motivation needed for individuals moving from the welfare system into the workforce. This workshop will explore how to remain successful.

411. HELPING DISPLACED WORKERS

Presenter : **Teresa Holdren-Applegarth**, Coordinator, Rapid Response Section, ODJFS, Columbus, Ohio.

Understand the many options for Rapid Response services and when to "hand – off" to the one-stop center. Covered topics and available handbooks will include the: 7 step process, create adjustment committees, build transition centers, and examine the 60-day warn notices.

412. DON'T STAY ON THE JOURNEY WITH A BALL AND CHAIN!

Presenters : **Cheryl L. Hoskins**, Program Consultant Director, Work Resource Center, **Carla Jones**, Manager, Work Resource Center, **Ida Thomas**, Manager, Community Link, all of Cincinnati, Ohio.

A continued feeling of success on your job is by no means automatic. This workshop will help you gain proven techniques and methods on: overcoming burnout due to overwork, creating a more productive work environment, using personal style to build positive working relationships, leading your team to victory, determine what is the key to taking off the ball and chain.

<p style="text-align: center;"><i>Friday, November 2, 2001</i> <i>Mid-Morning Workshops (10:15 a.m. - 11:45 a.m.)</i></p>

501. HUD WELFARE TO WORK INITIATIVES & PROGRAMS

Presenter : **Randolph Wilson**, Community Builder, U.S. Department of HUD, Columbus, Ohio.

An overview of the HUD programs and initiatives that interface with the welfare to work programs of federal and state agencies.

502. HEY SUPER HERO, PASS THE DESSERTS ! (PART II)

Presenter : Rosalind Maddox, Consultant / Trainer, Columbus, Ohio.

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with stress, pressure and change, enhance your decision-making skills by remaining positive about your ability to handle any outcome, help you learn to reduce employee conflict and motivate employees.

504. FAITH-BASED: NATIONAL AND STATE INITIATIVES AND THE LOCAL REALITIES

Presenters: **Sarah Jo Twitchell**, Toledo Metropolitan Mission, **Ron George**, ODJFS Faith-Based Liaison/MAS

Come get an update about what's happening at the federal and state levels with faith-based initiatives. Learn the responses the congregations and faith-based groups have been working on in the Toledo area.

505. BEATING THE BUSHES AND SHAKING THE MONEY TREE (PART II)

Presenters : **Becky Edwards**, MA, Director of Homeless Services, Lutheran Social Services, Lancaster, Ohio; and **Mary Kay Incandela**, Director, Sapirstein-Stone-Weiss Foundation, Cleveland, Ohio.

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506. WE ALL WANT IT: WHAT IS IT ?

Presenter : **Doug Theaker**, Director, Richland County DJFS, Mansfield, Ohio.

Let me take you on a journey through life where success and happiness is so illusive it might be easier to catch a butterfly. It can be yours if you come and follow me. We'll take you on an attitude trip you won't forget.

507. LONG TERM CARE: ASSET PROTECTION FOR MARRIED COUPLES (PART II)

Presenter : Candace Jones, Senior Training Officer, Cuyahoga Health & Nutrition, Cleveland, Ohio.

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508. EITC: PREACHING THE GOSPEL (MARKETING THE EARNED INCOME TAX CREDIT)

Presenters : **Mickey Burns**, President, IMPACT 2000, **Ed Burns**, Training and Outreach Coordinator of Tax Linc Initiative, IMPACT 2000, both of Westlake, Ohio.

Discover effective techniques to launch marketing campaigns that encourage both utilization of the EITC as well as sound money management steps designed to maximize this benefit to your customers.

509. GOT HOSPICE?

Presenter: **Judy Green**, RN, BSN, CRSH, Nurse Liaison, Cincinnati, Ohio.

This workshop will cover the philosophy of Hospice, which will include an affirmation of life and death with dignity. Come learn the characteristics of Hospice, symptom management, team approach to care, and care for the family after the patient.

510. LONG TERM CARE INSURANCE

Presenter : **Dawn Dailey**, Training Supervisor, Columbus, Ohio.

This seminar will offer participants an overview of Long Term Care Insurance, including an explanation of various coverage and benefits within different policies. An explanation of Medicare's coverage of skilled nursing facilities will be included, as well.

511. WOMEN, HIV / AIDS

Presenter : **Debora K. Burstion**, Women's Educator, AVOC, Cincinnati, Ohio.

Although AIDS deaths are decreasing, the incidence of HIV continues to soar. Women and African-Americans are the fastest growing populations of victims. Join this workshop and hear of the continued need for education and services necessary to combat increased infections.

512. THE CUYAHOGA COUNTY GRANDPARENT AND OTHER KINSHIP CARE GIVER INITIATIVE

Presenters : **Maridell Couture**, Administrator, Cuyahoga County Department of Senior and Adult Services, Cleveland, Ohio.

The innovative kinship care program in Cuyahoga County will be discussed in this workshop. Included in the discussion will be the Initiative's development and its aggressive and comprehensive four- component approach. Implications for practice, advocacy and sustainability will be highlighted.